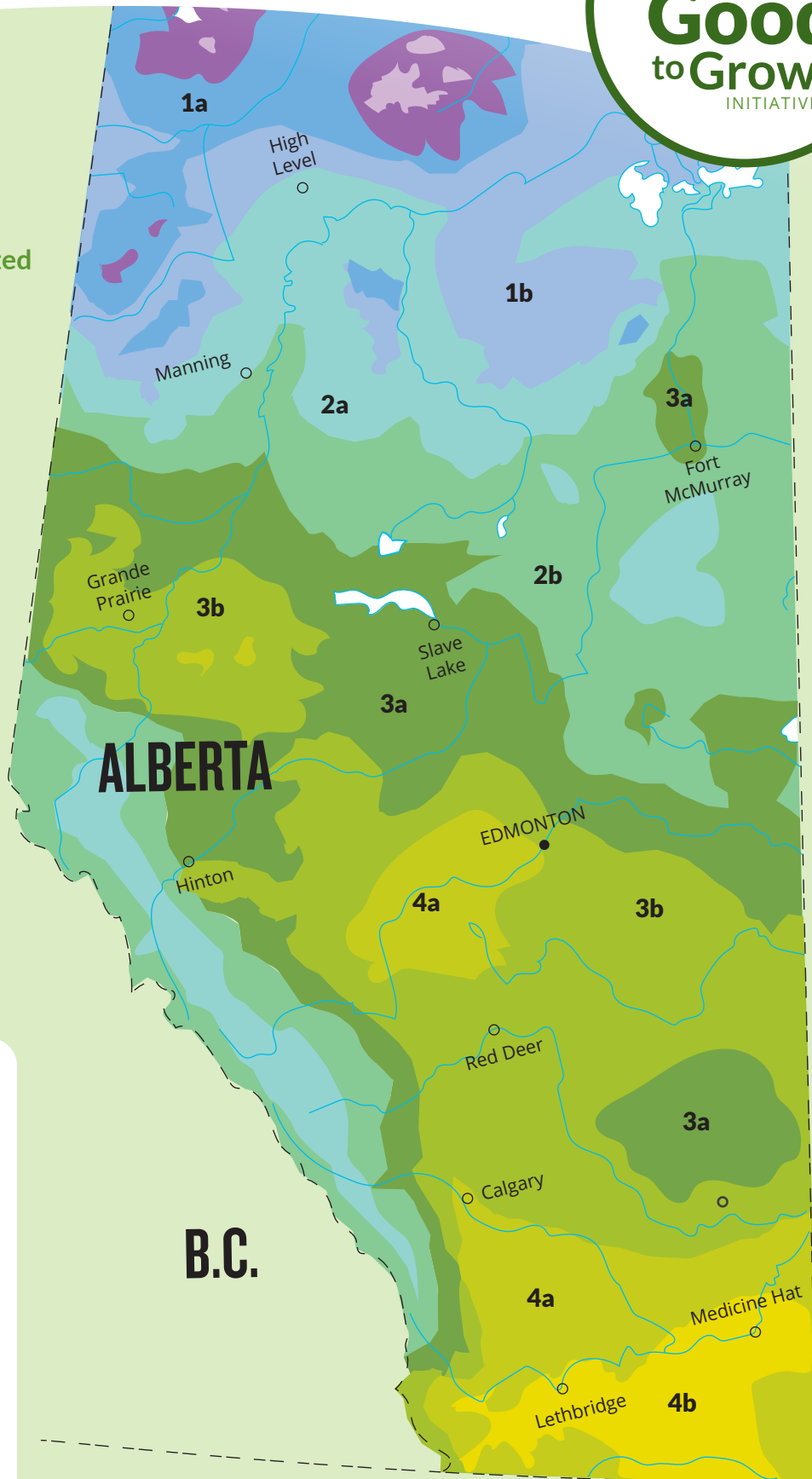


Together,
we've got this.



GROW ZONE KNOW-HOW

to get your garden started



SASK.

ALBERTA

B.C.

COLOUR	ZONE
	1a
	1b
	2a
	2b
	3a
	3b
	4a
	4b

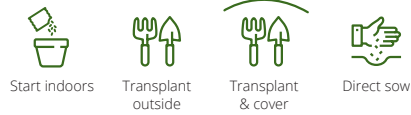
Natural Resources Canada
planthardiness.gc.ca

Together,
we've got this.



SEED STARTING GUIDE

For Alberta-grown vegetables



NORTH ZONES (1a-2b)	MAR	APR	MAY	JUN	JUL
 Beans bush & pole				Early June.	
 Broccoli					
 Beets				Mid May.	
 Cabbage					
 Cauliflower					
 Carrots				Mid May.	
 Cucumbers					Late June, early July.
 Green Onion					
 Peas					
 Peppers				After the last frost.	
 Squash					Late June, early July.
 Tomatoes				After the last frost.	

For green leafy vegetables like kale, lettuce and spinach, you can start indoors anytime. Even grow them year-round in a sunny window!



SEED STARTING GUIDE

For Alberta-grown vegetables



SOUTH/CENTRAL ZONES (3a-4b)	MAR	APR	MAY	JUN	JUL
 Beans bush & pole			Mid to late May.		
 Broccoli			Mid to late May.	Early June.	
 Beets					
 Cabbage				Early June.	
 Cauliflower				Early June.	
 Carrots					
 Cucumbers					Late June, early July. Wait until the soil is warm.
 Green Onion			Mid to late May.		
 Melons					Late June, early July. Wait until the soil is warm.
 Peas			Early May. They don't mind the chill.		
 Peppers				Mid June	
 Radishes			As early as mid-April but keep them covered until mid-May.		
 Tomatoes					Need shelter from any frost. Either cover your transplants or wait until late June to move seedlings outside.

For green leafy vegetables like kale, lettuce and spinach, you can start indoors anytime. Even grow them year-round in a sunny window!